

Timeout Position Play Camp

For

Points, Wings & Posts

“FALL TRAINING CAMP”

www.e-timeout.com

Area's Best Teaching Camp!

Saturday, September 19, 2015 at Central Cabarrus HS, Concord, NC

Saturday, September 26, 2015 at Archdale Middle School, Trinity, NC

Saturday, October 3, 2015 at Northwest HS, Concord, NC

Saturday, October 24, 2015 at Concord HS, Concord, NC

Join your host coach and improve and get ready for the upcoming season!

Day Camp ~ Boys and Girls

Reach a New Level ~ Specialized Teaching ~ Individual Improvement Stressed
Region's Only Specialized Teaching Camp ~ Prepare for the Upcoming Season
Conditioning and Fitness ~ Very Intense ~ Will Improve
The camp includes 8+ plus hours on the court and 2 hours in the classroom.

TIMEOUT BASKETBALL CAMP

Register On-Line at www.e-timeout.com

Mail to: Jim Baker, Timeout Basketball Camps, 621 Channing Circle, Concord NC 28027

NAME _____ GRADE NEXT FALL _____
HOME ADDRESS _____ CITY _____ ZIP _____
AGE _____ HEIGHT _____ WEIGHT _____ POSITION _____
SCHOOL _____ COACH _____ HOME PHONE (____) _____
E-MAIL _____

TIMEOUT POSITION PLAY CAMP FALL TRAINING CAMPS (PLEASE NOTE CAMP ATTENDING)

___ DAY \$75.00 CAMP LOCATION _____
___ 2ND CAMP (SAVE \$20) 2ND LOCATION _____

The parent, by signing this enrollment form, hereby releases the camp, its sponsors, and its instructors from liability for accident, injury, sickness, etc... which may occur. **(Parents please complete and sign. No follow-up information will be sent. Your cancelled check is your receipt.)**

Parent Signature _____ Camper's Social Security No. _____ Date _____
Name of Your Insurance _____
Policy Number _____ Daytime Phone (____) _____

"Position Play Camp for Points, Wings & Posts Fall Training Camp"

Skills and Topics Covered at the Timeout Position Play "Fall Training Camp"

5 Techniques for Handling a Double Team, 3 Drills to Develop a Quicker Release, 10 Techniques and Reads of a Ball Screen, 4 Reads on a Down Screens, 10 Advance Dribbling Skills, 6 Techniques to Improve Shot, 7 Techniques of Catching the Ball on the Wing, 8 Techniques of Pivoting, 10 Skills of a Point Guard, 6 One-on-One Moves, 5 Posting Techniques, 5 Post Moves and Much More!

PURPOSE: The Timeout Basketball Position Play Fall Training Camp is designed for points, wings, and posts who seek to play their positions to the best of their abilities. The camp is for those wanting to prepare themselves for their upcoming season and college play. For two days the players will undergo an intense and highly specialized training camp. The camp will spend the majority of the time in teaching and repetition of skills. Players will be divided into small groups--point guards, wings, and posts, for instruction with the emphasis on the development of individual skills. This camp will be conducted similar to a college practice. The Fall Training Camp will devote time to conditioning and preparing for the upcoming season. The camp will also give you an opportunity to showcase your skills to your coach who will be a part of the teaching staff.

ADMISSION: The camp is open to all boys and girls ages 10 to 18 who have not graduated from high school. Camp is limited to 60.

COST: TIMEOUT FALL TRAINING CAMP: The cost of the camp is \$75.00. Additional family members receive a \$20.00 discount. Attend a 2nd or 3rd camp and receive a \$20 discount. Team rates are also available for 6 or more campers from other schools and teams. Please contact us!

LOCATION: The Fall Training Camps will be held at various sites and are hosted by your school's coach.

ADDITIONAL NOTES: If your coach and school is hosting a camp, you may register on-line, mail in your application, or give the application to your coach. The camp is very intent and the campers should report in good physical shape. If you are a first time camper to a Timeout event, a copy of a current physical is required at check-in. Registration is from 9:30am to 9:45am and camp begins at 10:00am. Camp ends at 8:00pm.

WHAT TO BRING: Day participants in camp should bring basketball shoes, socks, shorts, shirts, towels and personal toilet articles. Day participants will be provide lunch and have the opportunity to purchase drinks and snacks.

INSURANCE: Each participant will be covered by secondary insurance while attending the camp. The insurance provides coverage secondary to the individual's family policy. If secondary insurance is used, the participant is responsible for the amount of the deductible.

MEALS: Provide for both boarding and day campers.

NOTES: Each participant will receive a camp T-shirt as well as a drill booklet. If you have questions, please call us at 704-647-4558 or e-mail us at: jimbaker@e-timeout.com. Check us out at www.e-timeout.com.

IMPORTANT NOTICE: A non-refundable deposit of \$25.00 must accompany registration form. A physical examination is required of all participants new to Timeout Camps. A doctor's examination must be turned in by all participants on the first day of camp. A physical exam within the last year is acceptable.

Register on-line: www.e-timeout.com

~ View video clips of the camp ~ More details and daily camp schedule ~

www.e-timeout.com

Coach Jim Baker

36 years of College Coaching Experience ~ 20 years Head Coach at Catawba College

"A Championship Program"

6 Regular Season SAC Championships, 6 SAC Tournament Championships, 9 NCAA Tournaments

Read more about Coach Jim Baker at www.e-timeout.com