

# Next Level Evaluation

Thanks for taking advantage of Next Level Evaluation! We appreciate the opportunity to serve you and hope the report will be of value to you in many ways!

## Requirements to Evaluate Your Abilities and Skills:

- Complete the **Next Level Evaluation Information** form and return it to us.

Please click this link: [Next Level Evaluation Information](#).

- Upload two videos of you. A game video and a workout video.

\* The game video can be a highlight tape or a half of a good game in which you played.

\* The workout video should be a ten minute video of you working out. This is not a highlight video but of you working out solo in the gym.

Please include several shots or moves of the following:

Jump shot off dribble, jump shot off pass, free throw, 3 point shot of pass and dribble, one on one moves, dribbling and shot (hesitation, step-back cross over, cross over, step-back shot, & change of direction), low post moves if a post player (drop step, jump move, up & under, turn-a-round shot, & one dribble move), your best dunk, and anything else you want to show off!

Please upload these two videos to YouTube and send the link to [jimbaker@e-timeout.com](mailto:jimbaker@e-timeout.com). Be sure to include your name, number and uniform color with your YouTube link. You may burn the above two videos onto a DVD and mail it to us. If ordering the "On-Site Next Level Evaluation" please contact us to set up an on-site evaluation. If you have any questions please let us know.

The Next Level Evaluation Report will be sent to you in approximately 2-3 weeks!

Thanks!

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